Dr. med. Stephanie Keßler-Uberti

Independent Consultant in Pediatric Epileptology

Specialist in Pediatrics and Adolescent Medicine | Pediatric Neurology | EEG & Epileptology

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PROFESSIONAL PROFILE

Specialist in Pediatrics and Adolescent Medicine with more than 25 years of professional experience and a subspecialty qualification in Pediatric Neurology. Specializing in pediatric epileptology, clinical EEG diagnostics and complex epilepsy syndromes in children and adolescents. Independent consultant physician since April 2014, focusing on remote EEG reporting and case consultation. Previously Senior Physician and Deputy Head of the Department of Peri- and Presurgical Pediatric Epilepsy Diagnostics in Vogtareuth.

CLINICAL EXPERTISE

- Pediatric epileptology and management of epilepsy syndromes in children and adolescents.
- Diagnosis, case consultation on differential diagnosis, and treatment recommendations.
- EEG interpretation and reporting: video EEG recordings, including routine awake, sleep, sleep-deprived and long-term recordings.
- Tele-EEG and secure remote workflows via VPN/Remote Desktop, direct access to hospital EEG systems and documentation in the electronic medical record.
- Case conferences plus training and supervision of physicians, EEG staff and nursing teams.

PROFESSIONAL EXPERIENCE

04/2014 - present | Independent Consultant Physician in Pediatric Epileptology

Rosenheim, Germany

- Remote interpretation and reporting of pediatric EEGs and specialist consulting support for pediatric hospitals.
- Consultation on complex epilepsy cases, including diagnostic assessment, differential diagnosis and treatment recommendations.
- Reporting directly within hospital systems and electronic medical records via secure remote access, using hospital EEG systems or preconfigured workstations, as appropriate.
- Case discussions by telephone and in person; training of physicians, EEG staff and nurses, as well as lectures for parents and patients.

03/2005 - 09/2013 | Specialist Physician, Senior Physician and Deputy Head

Department of Peri- and Presurgical Pediatric Epilepsy Diagnostics, Clinic for Pediatric Neurology, Neurorehabilitation and Epileptology, Vogtareuth, Germany

03/2005-12/2007 Specialist Physician (Fachärztin) | 01/2008-04/2010 Physician with senior clinical responsibilities (Funktionsoberärztin) | 05/2010-09/2013 Senior Physician (Oberärztin) | 01/2008-09/2013 Deputy Head

- Non-surgical, presurgical and perioperative management of children with complex epilepsy; selection of candidates for epilepsy surgery, preoperative brain mapping and intraoperative monitoring.
- Leadership and supervision of EEG diagnostics, interdisciplinary case conferences.
- Clinical responsibility for physicians and medical supervision of EEG and ward staff.
- Responsible for EEG training of resident physicians.

02/2002 - 02/2005 | Research Associate
Pediatric Neurology, University Children's Hospital Kiel, Germany
02/2001 - 01/2002 | Resident Physician
North German Epilepsy Center, Raisdorf, Germany
05/1999 - 12/2000 | Medical Intern (Ärztin im Praktikum), subsequently Resident Physician
Department of Pediatrics and Adolescent Medicine, Städtisches Klinikum Kemperhof, Koblenz, Germany

MEDICAL EDUCATION, LICENSURE AND SPECIALIST QUALIFICATIONS

1992-1999 Medical studies, Johannes Gutenberg University Mainz, Germany
01 Nov 2000 German Medical License (Approbation)
09 Feb 2005 German Specialist Qualification in Pediatrics and Adolescent Medicine
09 May 2007 German Subspecialty Qualification in Pediatric Neurology
Nov 2000 Dissertation: “Clinical Findings, Diagnosis and Treatment of Helicobacter pylori Infection in Childhood”

CERTIFICATIONS AND SELECTED ADVANCED TRAINING

28 May 2004 EEG Certificate, German Society for Clinical Neurophysiology (DGKN)
Aug 2006 5th International Course on Epilepsy: “Surgically Remediable Epilepsies” (EUREPA), San Servolo (IT)
2008-2012 Fellowship in Epilepsy Surgery (1st cohort), Working Group for Presurgical Evaluation and Surgical Treatment of Epilepsy
May 2008 Observership, Cleveland Clinic, Ohio, USA - pediatric presurgical epilepsy diagnostics; clinical rounds, diagnostics and treatment on ward/ICU/OR, case conferences and continuing education
05 Apr 2009 Neuroimaging Certificate, ILAE/VIREPA
Feb 2010 Training Course in Stereo-Electroencephalography, Lyon, France
13 Oct 2012 Certificate in Epileptology, German Society for Epileptology (DGfE)
30 Oct 2014 Certificate in Epileptology, Working Group for Presurgical Epilepsy Evaluation and Surgical Treatment of Epilepsy

DIGITAL WORKFLOW

Remote workflow: Secure access to hospital servers via VPN/Remote Desktop or preconfigured work device; EEG reporting and consultation notes documented in the electronic medical record; case discussions by telephone or on site.

PUBLICATIONS AND TEACHING

- More than 30 publications and presentations; full publication list available at kessler-uberti.eu/en/publications
- Regular education and continuing training for medical students, resident physicians, specialists, EEG staff and nursing staff; additional lectures for parents and patients.

PROFESSIONAL MEMBERSHIPS

Deutsche Gesellschaft für Epileptologie (DGfE) | Deutsche Gesellschaft für Klinische Neurophysiologie und Funktionelle Bildgebung (DGKN) | Gesellschaft für Neuropädiatrie (GNP) | Bavarian Medical Association | Medical District Association Rosenheim | European Task Force on Paediatric Epilepsy Surgery

LANGUAGES

German: native - English: C1 - Italian: A2